



HeartSmart Walks

Free guided walks in the Chichester District

Welcome to the HeartSmart Walks programme

August to October 2021



Pheasant Copse, taken by Andrew Berriman 1

Pre-booking only – online or via telephone

- You must not attend a walk if you are unwell or have any Covid-19 symptoms. Symptoms include a high temperature, a new continuous cough and the loss, or a change to your sense of smell or taste
- 10-12 walkers per walk – if the government guidelines change the numbers may change
- If you turn up without having pre booked you will not be able to walk with the group
- Walks will be available for booking one week in advance

To book [visit the Chichester District Council Website](#) or

call 01243 521041

Restarting group walks

Quick Guide for Walkers

What's changed?

Due to COVID-19 we need to change the way Ramblers group walks are organised – by limiting the group size, and taking extra measures to keep each other safe.

This guide outlines the steps that everyone must take when joining a Ramblers Walking for Health group walk.

1. Booking onto a walk

- Check the walk listing - Look at the walk listings to help you choose a walk – you may want to try a shorter or easier route if you haven't been walking as much as you normally would. The walk listing will include details of how to book a place. If it doesn't, contact the walk leader or Scheme coordinator.
- Book onto the walk in advance [head to the Chichester District Council Website](#) or call 01243 521041.
- Don't turn up to a walk without booking - we need to limit numbers for everyone's safety. Remember you can't bring any additional people along if they haven't booked. Let the walk leader know if you need to cancel - If things change and you can't make it, please cancel your place or let the walk leader know as soon as possible so that someone else can go.

2. Before the walk

- Food and drink - Bring your own food or snacks and plenty of water, as cafes may still be closed.
- Clothing and equipment - Wear suitable clothing and footwear for the conditions – if in doubt, ask the walk leader. You may want to bring your own alcohol-based hand sanitiser, gloves or first aid supplies. The walk leader may have a first aid kit, but for minor incidents it may be better to use your own supplies.
- Getting to the walk - Plan how you will get to the walk. Remember you are not allowed to share a car with someone outside of your household or social bubble, and it may not be possible to use public transport.

3. On the walk

- Follow the government guidelines on social contact and physical distancing - Listen to the walk leader's briefing so you know what to do, and maintain 2 metres distance from anyone outside your household or social bubble.
- Avoid touching gates and path furniture - If you do – wash your hands as soon as possible. We recommend carrying alcohol-based hand sanitiser. You might want to wear gloves too.
- DO not share food and drink, or equipment such as walking poles.
- Walk responsibly - When other walkers are passing, remember to stand back and give way. Let the walk leader or back marker know if you are having problems, feel unwell, or need to slow down or stop.



- ❖ These walks are led by Volunteer Walk Leaders and are designed to cater for all ages and abilities. The walks offer opportunities to exercise and meet new people in a safe and friendly environment.
- ❖ If you would like to be informed about walk cancellations and changes then please email us at: info@chichesterwellbeing.org.uk and we can add you to our HeartSmart mailing list.
- ❖ All walks finish at their starting point unless otherwise stated.
- ❖ Please arrive 10 minutes before the walk is due to start.
- ❖ Please inform the Walk Leader if you will be leaving the walk early.
- ❖ We recommend always bringing a mobile phone with the number below stored in case of emergency.
- ❖ Please wear footwear suitable for country walks and you may like to bring a drink of water.
- ❖ Please note that the walks are smoke free.
- ❖ Dogs are welcome on walks unless otherwise stated but must be kept on the lead.
- ❖ Timings and distances stated on the programme are approximate.
- ❖ If the weather is poor the walk may be cancelled. Please check with the office or website if unsure (office hours Mon-Fri 8.45am-5pm).
- ❖ Please read the walk description before joining the walk and ensure you are walking at the right level for you.

For further information contact the Chichester Wellbeing Team

☎ 01243 521041 – ✉ info@chichesterwellbeing.org.uk

📄 chichester.gov.uk/heartsmart

20th Anniversary of HeartSmart

Can you believe that this September marks the 20th Anniversary of our very first HeartSmart walk?

We are in the process of planning a walk to celebrate which will follow a similar route to that very first one up Centurion Way.

Please keep an eye on emails from us with an announcement. Once we have confirmed everything and can see what the restrictions are looking like nearer to the time, we will let you all know.

Best wishes

The Chichester HeartSmart Team

August to October walks – Quick Navigation

Click the link under date & location to quickly navigate to the walk

Date & Location	Distance	Leader
Mon 2nd August – 10.30am – Chichester Canal	1 mile	Sarah
Mon 2nd August – 10.30am – Loxwood Gentle Walk	1 mile	Richard
Tue 3rd August – 10.30am – North Eartham Woods	5.2 miles	Bruce
Weds 4th August – 10.30am – Binsted Wood	2.75 miles	Dominic
Wed 4th August – 10.30am – Around Itchenor	5 miles	Alison & Peter
Wed 4th August – 10.30am – Iping Common Circuit	3 km	Kate
Fri 6th August – 10.30am – *New Walk* Cocking, South Downs Way and West Dean Woods	7.5 miles	Jane
Fri 6th August – 10.30am – Boxgrove	3 miles	Andrew
Mon 9th August – 10.30am – Chichester Canal	1 mile	Sarah
Mon 9th August – 10.30am – Emsworth to Pook Lane	3 miles	Anne
Tues 10th August – 10.30am – Around Duncton	3 miles	Simon
Wed 11th August – 10.30am – River Arun to The Stokes	4.8 miles	Alison & Peter
Thurs 12th August – 10.30am – South Harting	4.5 miles	Bruce
Fri 13th August – 10.30am – Iping and Chithurst	6.75 miles	Jane
Mon 16th August – 10.30am – Chichester Canal	1 mile	Sarah
Mon 16th August – 10.30am – Loxwood Gentle Walk	1 mile	Richard
Wed 18th August – 10.30am – Boxgrove to Halnaker Windmill	5 miles	Dominic
Wed 18th August – 10.30am – Slindon Estate	4 miles	Simon
Thurs 19th August – 10.30am – Springhead Hill	4.5 miles	Peter B.
Thurs 19th August – 1pm – Petworth Surgery Walk	1 mile	Andi
Fri 20th Aug – 10.30am – *New Walk* Lavington Common & Graffham	6 miles	Jane
Sat 21st Aug – 10.15am – Graylingwell	1.25 miles	Sarah
Mon 23rd August – 10.30am – Chichester Canal	1 mile	Sarah
Mon 23rd August – 10.30am – Emsworth to Prinsted	3 miles	Anne
Wed 25th August – 10.30am – Stoughton Down to East and Up Mardens	4 miles	Bruce
Wed 25th August – 10.30am – Slindon	6 miles	Alison & Peter
Thurs 26th August – 10.30am – Hesworth Hike	4 km	Charles
Fri 27th August – 10.30am – West Marden	5 miles	Jane
Sun 29th August – 10.45am – Slindon Woods to Folly	3.5 miles	Dominic
Wed 1st September – 10.30am – *New Walk* Redford	3 miles	Bruce
Wed 1st September – 10.30am – Chidham Peninsular	5 miles	Alison & Peter
Thurs 2nd September – 10.30am – Pulborough Brooks	3.5 miles	Peter B.
Fri 3rd September – 10.30am – Iping, Stedham and Woolbeding	6.75 miles	Jane
Sat 4th September – 10.30am – Binsted Wood	2.75 miles	Dominic
Mon 6th September – 10.30am – Chichester Canal	1 mile	Sarah
Mon 6th September – 10.30am – Loxwood Gentle Walk	1 mile	Louise
Mon 6th September – 10.30am – Langstone Ramble	3 miles	Anne
Wed 8th September – 10.30am – Iping Common Circuit	3 km	Kate

Date & Location	Distance	Leader
Mon 13th September – 10.30am – Chichester Canal	1 mile	Sarah
Wed 15th September – 10.45am – Climping	2.5 miles	Dominic
Wed 15th September – 10.30am – Compton – Up Marden	6 miles	Alison & Peter
Thurs 16th September – Fairmile Bottom	4.5 miles	Peter B.
Thurs 16th September – 1pm – Petworth Surgery Walk	1 mile	Andi
Fri 17th September – 10.30am – Boxgrove Priory and Common	3 miles	Andrew
Fri 17th September – 10.30am – Swanbourne lake and the River Arun	6 miles	Jane
Mon 20th September – 10.30am – Chichester Canal	1 mile	Sarah
Mon 20th September – 10.30am – Loxwood Gentle Walk	1 mile	Richard
Mon 20th Sept – 10.30am – Emsworth Field Walk	3 miles	Anne
Wed 22nd September – 10.30am – Houghton Forest and Bignor Hill	6 miles	Alison & Peter
Wed 22nd September – 10.30am – *New Walk* East Head and Wittering Beach	4 miles	Rob
Thurs 23rd September – 10.30am – Hesworth Hike	4 km	Charles
Fri 24th September – 10.30am – Burpham and Wepham	5 miles	Jane
Fri 24th September – 10.30am – Hunston	3 miles	Andrew
Sat 25th September – 10.15am – Graylingwell	1.25 miles	Sarah
Mon 27th September – 10.30am – Chichester Canal	1 mile	Sarah
Mon 27th Sept – 10.30am – Boxgrove Village Hall to Halnaker Windmill	5 miles	Anne
Tues 28th Sept – 10.30am – Heyshott Common	4.6 miles	Bruce
Wed 29th Sept – 10.30am – Burpham	5 miles	Dominic
Wed 29th Sept – 10.30am – Eartham Woods	5.5 miles	Alison & Peter
Mon 4th October – 10.30am – Chichester Canal	1 mile	Sarah
Mon 4th October – 10.30am – Loxwood Gentle Walk	1 mile	Louise
Wed 6th Oct – 10.30am – *New Walk* Cocking	6.5 miles	Alison & Peter
Thurs 7th Oct – 10.30am – *New Walk* Graffham and Duncton	5 miles	Jane
Fri 8th Oct – 10.30am – Chanctonbury Ring	4 miles	Peter B.
Tues 12th Oct – 10.30am – Woolbeding Rother	4 miles	Bruce
Wed 13th Oct – 10.30am – Slindon	6 miles	Alison & Peter
Thurs 14th Oct – 10.30am – *New Walk* Stedham Mill, Easebourne and the Rother	7.5 miles	Jane
Fri 15th October – 10.30am – Compton	3 miles	Andrew
Mon 18th October – 10.30am – Chichester Canal	1 mile	Sarah
Mon 18th October – 10.30am – Loxwood Gentle Walk	1 mile	Richard
Wed 20th Oct – 10.30am – West Marden	6.5 miles	Alison & Peter
Wed 20th Oct – 10.30am – *New Walk* Chichester Marina and Salterns Copse	3.5 miles	Rob
Fri 22nd October – 10.30am – Stoughton Down	3 miles	Andrew
Sat 23rd October – 10.15am – Graylingwell	1.25 miles	Sarah
Mon 25th October – 10.30am – Chichester Canal	1 mile	Sarah
Wed 27th Oct – 10.30am – Lodsworth	4.5 miles	Bruce
Wed 27th Oct – 10.30am – Compton – Up Marden	6 miles	Alison & Peter
Wed 27th Oct – 10.30am – Petworth Park – Deer & 'The Rut'	3 miles	Gerald
Thurs 28th Oct – 10.30am – Salvington Hill	3.5 miles	Peter B

Date & Location	Distance	Leader
Fri 29th Oct – 10.30am – Chantry Hill and Tolmare Farm	6.5 miles	Jane

Please note that any walks with duration of 90 minutes or more are not accredited by Walking for Health but are managed by Chichester District Council.

Please arrive 10 minutes before the start of the walk.

Mon 2nd August – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 2nd August – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Richard

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Tue 3rd August – 10.30am – North Eartham Woods

Leader: Bruce

Duration: 2 hrs 20 minutes **Distance:** 5.2 miles. Ascent 150m. A walk through the top of Eartham Woods to Bignor Hill returning via Stane Street.

Meet: Junction A285 and Selhurst Park Road. Grid Reference: SU938119 (Nearby postcode GU28 0LZ).

[Google Maps link](#)

By Car: Take the A285 Petworth road. Selhurst Park Road junction is 4.6 miles.

Weds 4th August – 10.30am – Binsted Wood

Leader: Dominic

Duration: 1¾ hrs **Distance:** 2 ¾ miles, mainly flat headland path, grass, gravel. Coffee will be available at the post office.

Meet: Walberton Village Hall car park, The Street, Walberton, Arundel, BN18 0PQ.

By Car: When heading from Chichester to Arundel on the A27 follow signs to Walberton Village.

Wed 4th August – 10.30am – Around Itchenor

Leader: Alison & Peter

Duration: 2 hrs **Distance:** 5 miles. A walk from Itchenor across farmland and along the shoreline path with lovely views of the harbour.

Meet: West Itchenor car park, PO20 7AE (pay & display).

By Car: A286 south of Chichester towards The Witterings. At Birdham take the right fork at the roundabout onto the B2179 and right again shortly after to Itchenor.

Wed 4th August – 10.30am – Iping Common Circuit



LOTTERY FUNDED



L: Kate

Time: 2hrs

Distance: About 3km

A gentle stroll around the common, taking in lovely views of the South Downs and spotting wildlife of the common. Bring sturdy footwear as paths can sometimes be muddy or sandy. Dogs on leads welcome, suitable for pushchairs and off-road wheelchairs/trampers.

Meet: Iping Common Car Park, Elsted Rd, Midhurst. Postcode GU29 0PB

By Car: Head West out of Midhurst on the A272, take a left turn onto Elsted Rd and drive about 200m up the hill. At the top of the slope the car park is on the right with a height barrier. Parking is free but leave valuables at home as this is a known break-in site. Alternatively you could park in the village of Stedham and walk up to the car park.

Fri 6th August – 10.30am – *New Walk* Cocking, South Downs Way and West Dean Woods

Leader: Jane

Duration: Approx 3.5 hrs **Distance:** 7.5 miles. A moderately strenuous hilly walk across downland and woodland, with wonderful views. Please bring a snack for this longer walk.

No dogs on this walk please.

Meet: Cocking Hill car park, situated at the top of Cocking Hill on the A286 Chichester Midhurst Road.

By Car: Nearest post code GU290HT. No 60 Bus from Chichester.

Fri 6th August – 10.30am – Boxgrove

Leader: Andrew

Duration: 2 hrs **Distance:** 3 miles

Flat, no stiles, walk to Halnaker House and Goodwood Home Farm.

Meet: Boxgrove Village Hall car park on left at northern edge of the village

By Car: A27 eastwards from Chichester, first left on A286 to Boxgrove and village hall carpark is on the left after the mini roundabout and school.

Mon 9th August – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 9th August – 10.30am – Emsworth to Pook Lane

Leader: Anne

Duration: 1hr 30mins **Distance:** Approx. 3 miles. Flat walk, no stiles

Meet: Emsworth town square. PO10 7AW

By Car: Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. **Please put sufficient money in the Emsworth car park so you don't have to rush back.**

By Bus: 700

Tues 10th August – 10.30am – Around Duncton

Leader: Simon

Duration: 2 hrs **Distance:** 3 miles. A circular walk passing through Burton Park and past Duncton Mill. Mainly flat and on good paths.

Meet: Parking along Willets Close on the approach to Duncton C of E school. Some parking also available nearby.

By Car: Willets Close is immediately off the A285 Chichester to Petworth road. If approaching from Chichester the turning is on your left hand side shortly after passing the Cricketers pub on your right.

Wed 11th August – 10.30am – River Arun to The Stokes

Leader: Alison & Peter

Duration: 2 hrs 30mins **Distance:** 4.8 miles. A lovely walk along lanes and through woods via the villages of North and South Stoke. It will be muddy in places if it has rained recently. Two stiles.

Meet: Amberley Station Car Park, BN18 9LR

By Car: A27 to Fontwell, A29 to Whiteways roundabout then B2139 to Amberley

Thurs 12th August – 10.30am – South Harting

L: Bruce

Time: 2 hrs 15 mins **Distance:** 4½ mile A strenuous walk taking in the South Downs Way, Harting Down and East Harting.

Meet: South Harting. Grid Reference: SU785195 (Nearby postcode GU31 5QA) by the Church

By Car: A286 and B2146 from Chichester.

Fri 13th August – 10.30am – Iping and Chithurst

Leader: Jane

Time: 3 hrs **Distance:** This is a longer 6.75 mile walk, which has several stiles and is hilly in places. A pleasant walk with lovely views. No Dogs (except for assistance dogs). You may wish to bring a snack.

Meet: Outside the Hamilton Arms Stedham. GU29 0NZ.

By Car: A286 to Midhurst, at mini roundabout turn left on A272 to Petersfield. After 2 miles turn right into Stedham (this is the second turning to Stedham) and park outside the Hamilton Arms on the verge.

Mon 16th August – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 16th August – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Richard

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Wed 18th August – 10.30am – Boxgrove Village Hall to Halnaker Windmill

Leader: Dominic

Duration: 2hrs approx. **Distance:** Approx. 5 miles. Beautiful, hilly climb to Halnaker Windmill and return.

Meet: Boxgrove Village Hall, The Old Granary The Street, Boxgrove, PO18 0ES.

Wed 18th August – 10.30am – Slindon Estate

Leader: Simon

Duration: 2.5 hours **Distance:** 4 miles. A 4 mile walk passing through the stunning Slindon Estate. Good paths and no stiles.

Meet: At the road entrance to Slindon College and the National Trust Slindons Estate. Car parking on Slindon Top Road which is the road between Slindon College and the Catholic Church.

By car: Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. At top of Park Lane take left onto School Hill and left again into Church Hill. On reaching the top of Church Hill turn left onto Top Road with parking along leftside wall of the college opposite the church.

Thurs 19th August – 10.30am – Springhead Hill

L: Peter Brook

Time: 2 hrs **Distance:** 4½ mile hilly downland walk with stunning views all around.

Meet: Car Park at Springhead Hill Map ref TQ069124.

By Car: A27 to Fontwell, A29 to Whiteways Lodge, B2139 passing through Amberley, then minor road on right just after sign to Rackham and Springhead Farm on the left. Follow this road carefully to the car park at the top.

Thurs 19th August – 1pm – Petworth Surgery Walk

Leader: Andi

Time: 30 minutes **Distance:** 1 mile

Meet: Petworth Doctors Surgery, Grove Street, GU28 0LP

Come and enjoy a flat walk at a gentle pace. A steady incline at the end with a bench. Lovely views + we will have regular stops. There is also the opportunity to end at a tea room if you would like this.

Free parking at the surgery + dogs are welcome

Phone Andi on 01798 342248 if you are uncertain.

Fri 20th Aug – 10.30am – *New Walk* Lavington Common and Graffham

Leader: Jane

Duration: Approx 3 hours **Distance:** 6miles A longer walk with stiles across heathland, woodland and commons and passing through Graffham. Please bring a snack for this longer walk. **No dogs on this walk please.**

Directions: Lavington Common Car park.

By Car: From Chichester take the A285 Petworth Road, just past Duncton village, take the first left Graffham Road and Lavington Common Car park is just under 1 mile on the right hand side.

Sat 21st Aug – 10.15am – Graylingwell

**CHICHESTER COMMUNITY
DEVELOPMENT TRUST**

Let's make it happen

Leader: Sarah

Duration: Approx. 40 mins **Distance** 1.25 miles

A flat walk at a gentle pace, enjoying the history of Graylingwell Park and surrounding areas, the buildings, trees & wildlife.

Meet: Outside the Pavillion glass building looking onto Havenstoke Park, formerly the Linden Homes site marketing suite. Parking is very limited around the park, please walk, use public transport or car share.

Mon 23rd August – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 23rd August – 10.30am – Emsworth to Prinsted

Leader: Anne

Duration: 1hr 30mins **Distance:** Approx. 3 miles. Flat walk, no stiles

Meet: Emsworth town square. PO10 7AW

By Car: Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. **Please put sufficient money in the Emsworth car park so you don't have to rush back.**

By Bus: 700

Wed 25th August – 10.30am – Stoughton Down to East and Up Mardens

Leader: Bruce

Duration: 2 hours. **Distance** 4 miles. Ascent 150m. Moderately strenuous with one steep climb to Up Maden after visiting the charming village of East Marden.

Meet: Stoughton Forest. SU815125 (Nearby postcode PO18 9NH)

[Google Maps link](#)

By Car: B2178 from Chichester, turning right at Funtington into Hares Lane and right again on to the B2146. Turn right on to Walderton Stoughton Road, continue through the two villages until you reach the Forestry Commission car park on the right.

Wed 25th August – 10.30am – Slindon

Leader: Alison & Peter

Duration: 3 hours **Distance:** Approx. 6 miles. A longer strenuous walk to the folly and through Slindon Woods, with some steep gradients. Will be muddy after wet weather.

Meet: National Trust Car Park at Park Lane, Slindon BN18 0QY

By car: Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. The car park is a short way along on the left.

Thurs 26th August – 10.30am – Hesworth Hike



Leader: Charles

Duration: 1hr 30 minutes **Distance:** 4km. A gentle meandering walk – or hike! – around Hesworth Common taking in some stunning views across to the South Downs. During the walk we will look at the recent management undertaken on the site and discuss how this has improved the habitat for a variety of heathland species. The route will take in some short but steep hills with rutting, exposed tree roots and loose sand. There may also be some wet areas so bring suitable footwear.

Meet: Hesworth Common Car park, Upper Street, Fittleworth. Grid reference TQ007192.

By car: Take the A285 north from Chichester. Continue past Duncton and then, after crossing Coultershaw Bridge, turn right onto the A283 (Haslingbourne Lane) After a couple of kilometres turn right onto the B2138 (Bury, Arundel and the Swan Inn are all signed here). The Hesworth Common car park is immediately on your right.

By Bus: from Chichester take the number 60 bus to Midhurst and then take the number 1 bus from Midhurst towards Worthing, getting off at the Upper Street bus stop in Fittleworth. From there it's a short walk through the village, past the church and to the Hesworth Common car park.

Fri 27th August – 10.30am – West Marden

Leader: Jane

Time: 2 hrs 30 mins **Distance:** 5 miles. A pleasant walk with some hills and stiles through woodland and open countryside with some good views. No dogs on this walk please.

Meet: West Marden on the corner of Noredown Way.

By Car: Take the B2178 from Chichester, turn right at Funtington into Hares lane and right again on to the B2146. Continue to West Marden where you turn left. Noredown Way is past the pub on the left. Parking is also available in the main street near the pub.

Sun 29th August – 10.45am – Slindon Woods to Folly

Leader: Dominic

Duration: 2 hrs **Distance:** 3.5 miles. Lovely views. Generally flat, gravel path. Some muddy areas and short inclines. **Last ¼ mile uphill.**

Meet: National Trust Car Park, Dukes Road, Slindon.

By Car: East along A27 to Fontwell racecourse roundabout – about 400m from roundabout on the left is Dukes Road. Park in the National Park car park at the bottom of the dip on the right.

Wed 1st September – 10.30am – *New Walk* Redford

Leader: Bruce

Duration: 1 hrs 45 mins **Distance:** 3 miles. New route around Woolbeding which includes sections of Lipchis Way and the Serpent Trail.

Meet: Redford - Linch Rd Car Park. SU864253 (Nearby postcode GU29 0QD)

By Car: take the Woolbeding turning off the A272 between Midhurst and Stedham. Follow the road, turn left up the hill and follow the road towards Redford.

Go past the Older Hill sign and a few hundred yards further. Phone 07708311487 if you need directions.

Wed 1st September – 10.30am – Chidham Peninsular

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 5 miles. A reasonably easy, flat walk with some of the best panoramic views of the harbour. Some beach walking, no stiles.

Meet: Cobnor Farm Amenity car park, Chidham Lane, PO18 8TD.

By Car: Take the A259 towards Emsworth and turn south into Chidham Lane. The car park is on the left after approx. 1 mile (if you reach the sign for Cobnor House you have gone too far).

Thurs 2nd September – 10.30am – Pulborough Brooks

Leader: Peter Brook

Time: 2 hrs **Distance:** 3.5 miles This is a flat walk with stiles, which can be wet and muddy if there has been bad weather.

Meet: RSPB Reserve car park, Wiggonholt, Pulborough, RH20 2EL.

By Car: A29 to Pulborough. Turn right on to A283 and after approximately 1.5 miles, turn right into the Reserve Car Park.

Fri 3rd September – 10.30am – Iping, Stedham and Woolbeding

Leader: Jane

Duration: 2 hours 30 minutes - 3 hours **Distance:** 6.75 miles. A longer walk with stiles, taking in Iping and Stedham Commons and the River Rother. **No dogs on this walk please.**

Meet: Iping Common Car Park SU852220. GU29 0PB

By Car: A286 to Midhurst, at mini roundabout in the town, turn left onto A272 towards Petersfield. After 2 miles turn left into Elsted Road (signposted Elsted/Harting) and the car park is on the right hand side.

By Bus: 92 from Midhurst Bus Station to Elsted Road.

Sat 4th September – 10.30am – Binsted Wood

Leader: Dominic

Duration: 1¾ hrs **Distance:** 2 ¾ miles, mainly flat headland path, grass, gravel. Coffee will be available at the post office.

Meet: Walberton Village Hall car park, The Street, Walberton, Arundel, BN18 0PQ.

By Car: When heading from Chichester to Arundel on the A27 follow signs to Walberton Village.

Mon 6th September – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 6th September – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Louise

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Mon 6th September – 10.30am – Langstone Ramble

Leader: Anne

Duration: 1 ½ hours **Distance:** Approx. 3 miles A flat easy walk around the edge of Langstone harbour leaving from the Ship pub where there is a public car park.

Meet: The Ship, Langstone Harbour

By Car: Turn off the A27 at the A3023 which is a large roundabout signposted Havant to the north and Hayling to the south. The car park is just before Langstone Bridge.

Wed 8th September – 10.30am – Iping Common Circuit



L: Kate

Time: 2hrs

Distance: About 3km

A gentle stroll around the common, taking in lovely views of the South Downs and spotting wildlife of the common. Bring sturdy footwear as paths can sometimes be muddy or sandy. Dogs on leads welcome, suitable for pushchairs and off-road wheelchairs/trampers.

Meet: Iping Common Car Park, Elsted Rd, Midhurst. Postcode GU29 0PB

By Car: Head West out of Midhurst on the A272, take a left turn onto Elsted Rd and drive about 200m up the hill. At the top of the slope the car park is on the right with a height barrier. Parking is free but leave valuables at home as this is a known break-in site. Alternatively you could park in the village of Stedham and walk up to the car park.

Mon 13th September – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Wed 15th September – 10.45am – Climping

Leader: Dominic

Duration: 1hr 15mins **Distance:** Approx. 2½ miles. Along dunes and beach to Climping Mill, then across fields to Ferry Road and Rope Walk to club. Refreshments are available at the Yacht Club on the return.

Meet: 10.45am (to allow for train) at Arun Yacht Club Car Park, Rope Walk, Littlehampton, West Sussex, BN17 5DL. Your support to the club in buying refreshments is appreciated in return for free parking.

By Car: Take the A259, Bognor Littlehampton Road. About ¼ mile east of Ford Road roundabout turn south into Ferry Road. Follow signs for beach and Golf Course onto Rope Walk. The Yacht Club is on west bank of the river opposite the Golf Club at the top of the slope. **By Bus/Train:** Across the footbridge opposite Littlehampton station. Turn left, the Yacht Club is about 1/3 of a mile ahead.

Wed 15th September – 10.30am – Compton – Up Marden

Leader: Alison & Peter

Duration: 2.5 hours **Distance:** 6 miles A good walk along lanes and through woodland and fields. Two uphill and one stile.

Meet: Compton Recreation Ground Car Park

By car: Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again on to the B2146. Continue on the B2146 through West Marden and the recreation ground is on your right as you enter Compton.

Thurs 16th September – Fairmile Bottom

Leader: Peter Brook

Time: 2 hrs 30 mins **Distance:** 4.5 miles. Circular walk through the Downland nature reserve towards Arundel.

Meet: Park alongside the A29 soon after the Madehurst turn, close to the green and white "Bridleway" sign.

By Car: A27 to Fontwell then A29 north to parking place.

Thurs 16th September – 1pm – Petworth Surgery Walk

Leader: Andi

Time: 30 minutes **Distance:** 1 mile

Meet: Petworth Doctors Surgery, Grove Street, GU28 0LP

Come and enjoy a flat walk at a gentle pace. A steady incline at the end with a bench. Lovely views + we will have regular stops. There is also the opportunity to end at a tea room if you would like this.

Free parking at the surgery + dogs are welcome

Phone Andi on 01798 342248 if you are uncertain.

Fri 17th September – 10.30am – Boxgrove Priory and Common

Leader: Andrew

Duration: 2 hours **Distance:** 3 miles. A flat walk with no stiles to Priory (to visit) and vineyard.

Meet: Boxgrove Village Hall car park on left at northern edge of the village.

By Car: A27 eastwards from Chichester, first left on A286 to Boxgrove and village hall carpark is on the left after the mini roundabout and school.

Fri 17th September – 10.30am – Swanbourne lake and the River Arun

Leader: Jane

Time: 2 hrs 45 mins **Distance:** 6 miles. A lovely walk which includes the Arun riverbank and the top of Downs. There are 2 steep climbs and there are stiles. No dogs on this walk please.

Meet: At Swanbourne Lake Arundel, where there is parking opposite the lake or in Mill Road.

By Car: A27 to Arundel, go into Town Centre and at the bottom of the hill turn left into Mill Road and follow Mill Road until Swanbourne Lake. There is alternative parking in Mill Road car park.

Mon 20th September – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 20th September – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Richard

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Mon 20th Sept – 10.30am – Emsworth Field Walk

Leader: Anne

Duration: 1hr 30mins **Distance:** Approx. 3 miles. Flat walk, no stiles

Meet: Emsworth town square. PO10 7AW

By Car: Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. **Please put sufficient money in the Emsworth car park so you don't have to rush back.**

By Bus: 700

Wed 22nd September – 10.30am – Houghton Forest and Bignor Hill

Leader: Alison & Peter

Duration: 2hrs 30mins. **Distance:** 6 miles. Walking up through Houghton Forest and back along the South Downs Way with panoramic views in all directions. A fairly strenuous walk with two long uphill stretches. The flint path can be slippery in places. No stiles.

Meet: Whiteways Car Park. BN18 9FD

By Car: The car park is just north of the roundabout on the A29 between Fontwell and Bury.

Wed 22nd September – 10.30am – *New Walk* East Head and Wittering Beach

Leader: Rob

Duration: Approx 2 hour. **Distance:** 4 miles. A flat walk from West Wittering Village to East Head via Snowhill Creek and then along West Wittering Beach. Some loose sand and pebbles. There is a Café at the end for teas, coffee and snacks.

Dogs welcome but will need to be on leads while passing livestock and birds.

Meet: Memorial Hall Car Park, West Wittering.

By Car: Take A286 (becomes B2179) from Chichester A27 Stockbridge Roundabout. Follow signs for West Wittering. As you drive through West Wittering Village with newsagents on left look for turning on left after about 100 yards - Elms Lane. West Wittering Memorial Hall and Car Park is immediately on right in Elms Lane. Free parking in the car park.

By Bus: 52 bus stops outside the newsagents a short walk away with buses every 30 mins from Chichester.

Thurs 23rd September – 10.30am – Hesworth Hike



Leader: Charles

Duration: 1hr 30 minutes **Distance:** 4km. A gentle meandering walk – or hike! – around Hesworth Common taking in some stunning views across to the South Downs. During the walk we will look at the recent management undertaken on the site and discuss how this has improved the habitat for a variety of heathland species. The route will take in some short but steep hills with rutting, exposed tree roots and loose sand. There may also be some wet areas so bring suitable footwear.

Meet: Hesworth Common Car park, Upper Street, Fittleworth. Grid reference TQ007192.

By car: Take the A285 north from Chichester. Continue past Duncton and then, after crossing Coultershaw Bridge, turn right onto the A283 (Haslingbourne Lane) After a couple of kilometres turn right onto the B2138 (Bury, Arundel and the Swan Inn are all signed here). The Hesworth Common car park is immediately on your right.

By Bus: from Chichester take the number 60 bus to Midhurst and then take the number 1 bus from Midhurst towards Worthing, getting off at the Upper Street bus stop in

Fittleworth. From there it's a short walk through the village, past the church and to the Hesworth Common car park.

Fri 24th September – 10.30am – Burpham and Wepham

Leader: Jane

Time: 2 hrs **Distance:** Approx. 5 miles. Hilly with several climbs. Lovely views. Can be uneven and muddy underfoot in the woods. Has stiles. No dogs on this walk please.

Meet: The public car park behind the George at Burpham BN18 9RR.

By Car: Travelling east out of Arundel, take the first turning left after the railway bridge and follow the signs to Burpham village. The car park is accessed behind the pub.

Fri 24th September – 10.30am – Hunston

Leader: Andrew

Time: 2 hrs **Distance:** 3 miles. Flat, no stiles, across golf course and rifes to Fisher

Meet: St Leodegar's Church, Church Lane, Hunston

By Car: B2145 through Hunston, turn left down Church Lane.

Sat 25th September – 10.15am – Graylingwell

**CHICHESTER COMMUNITY
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Leader: Sarah

Duration: Approx. 40 mins **Distance** 1.25 miles

A flat walk at a gentle pace, enjoying the history of Graylingwell Park and surrounding areas, the buildings, trees & wildlife.

Meet : Outside the Pavillion glass building looking onto Havenstoke Park, formerly the Linden Homes site marketing suite. Parking is very limited around the park, please walk, use public transport or car share.

By Car: approach via College Lane and enter Graylingwell Park via Bloomfield Drive or Connolly Way there are a few Car Parking spaces around Havenstoke Park, but very few which may be occupied. Graylingwell Park has parking control in force.

By Bus: Number 50 run from the Cathedral every hour arriving at 7 mins past 10, the return bus to the Cathedral leaves at 20 mins past the hour.

Mon 27th September – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 27th Sept – 10.30am – Boxgrove Village Hall to Halnaker Windmill

Leader: Anne

Duration: 2hrs approx. **Distance:** Approx. 5 miles. Beautiful, hilly climb to Halnaker Windmill and return.

Meet: Boxgrove Village Hall, The Old Granary The Street, Boxgrove, PO18 0ES.

Tues 28th Sept – 10.30am – Heyshott Common

Leader: Bruce

Duration: 2 hrs 10 mins **Distance:** 4.6 miles. Ascent: 70m Exceptional heathland. Moderate climb. Can be muddy.

Meet: Heyshott - Village Hall. SU897181 (Nearby postcode GU29 0DJ)

By car: From Chichester take the A286 to Cocking. Turn right into Bex Lane (signposted Heyshott, Graffham). Turn right after 1 mile. Park near the village hall.

Wed 29th Sept – 10.30am – Burpham

Leader: Dominic

Duration: 2 hrs 30 mins **Distance:** approx. 5 miles. Hilly walk with some stiles. Lovely views.

Meet: The public car park behind the George at Burpham BN18 9RR.

By Car: Travelling east out of Arundel, take the first turning left after the railway bridge and follow the signs to Burpham village. The car park is accessed behind the pub.

Wed 29th Sept – 10.30am – Eartham Woods

Leader: Alison & Peter

Duration: 2-2.5 hrs **Distance:** 5.5 miles. A walk through Eartham Woods, coming back along Stane Street. No stiles.

Meet: Forestry Commission Car Park, Eartham

By car: Take A27 east from Chichester. Half a mile before Fontwell turn left following signs to Eartham. Pass The George PH and continue north to the car park on your right.

Mon 4th October – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 4th October – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Louise

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Wed 6th Oct – 10.30am – *New Walk* Cocking

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 6.5 miles. A lovely ramble along the paths of West Dean woods. A moderately strenuous longer walk with some steep gradients. Will be muddy if it has rained recently.

Meet: Cocking Hill car park (nearest postcode GU29 0HT)

By Car: on the A286 Chichester - Midhurst road

Bus: No 60 from Chichester every 30 mins.

Thurs 7th Oct – 10.30am – *New Walk* Graffham and Duncton

Leader: Jane

Duration: Approx. 2.5 hours **Distance:** 5 miles. A mixture of parkland, woodland and heathland with uphill sections. **Sorry no dogs on this walk.**

Meet: Lavington Common Car park.

By Car: From Chichester take the A285 Petworth Road, just past Duncton village, take the first left Graffham Road and Lavington Common Car park is just under 1 mile on the left hand side.

Fri 8th Oct – 10.30am – Chanctonbury Ring

Leader: Peter Brook

Time: 2 hours **Distance:** 4 miles circular walk to Chanctonbury Ring hill fort and return via Washington village with some steep gradients.

Meet: Opposite site of Frankland Arms pub, RH20 4AL (map ref TQ122130)

By Car: A27 towards Worthing, left on A280 towards Findon, left on A24 to A283, right at roundabout and first right into Washington village. Park roadside.

Tues 12th Oct – 10.30am – Woolbeding Rother

Leader: Bruce

Duration: 2 hours **Distance:** 4 miles Ascent: 75m. Midurst Common, Castle, Cowdray Ruins and River Rother and Whiphill.

Meet: Woolbeding Rother. Grid Reference: SU874218 (Nearby postcode GU29 9RL)

By car: Take the Woolbeding turning off the A272 between Midhurst and Stedham - car park immediately on the right.

Wed 13th Oct – 10.30am – Slindon

Leader: Alison & Peter

Duration: 3 hours **Distance:** Approx. 6 miles. A longer strenuous walk to the folly and through Slindon Woods, with some steep gradients. Will be muddy after wet weather.

Meet: National Trust Car Park at Park Lane, Slindon BN18 0QY

By car: Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. The car park is a short way along on the left.

Thurs 14th Oct – 10.30am – *New Walk* Stedham Mill, Easebourne and the Rother

Leader: Jane

Duration: Approx. 3.5hrs **Distance:** 7.5 miles. A very pretty riverside and woodland walk with a few uphill sections. Please bring a snack for this longer walk. **Sorry no dogs on this walk.**

Meet: Cowdray Cafe and Farm Shop Car Park Midhurst.

By Car: Take the A286 Chichester to Midhurst Road, through the town centre and continue on to the A272 to Easebourne, The car park is on the right just past the church. Nearest post code GU29 0AJ

Fri 15th October – 10.30am – Compton

Leader: Andrew

Time: 2 hours **Distance:** 3 miles. A gradual walk up East Hanger to Bevis's Thumb

Meet: Compton Recreation ground car park, south of the village

By Car: From Chichester take the B2178 to Funtington, right at Hares Lane, B2146 right to Compton and the recreation ground is on the right hand side.

Mon 18th October – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Mon 18th October – 10.30am – *Suitable for Beginners* Loxwood Gentle Walk

Leader: Richard

Duration: 40 Minutes **Distance:** 1 mile Come and enjoy a flat walk at a gentle pace. Slightly uneven under foot. We will walk at the pace of the slowest walker. Finishing at the Onslow Arms for an optional cuppa.

Meet: Loxwood Medical Practice, Farm Close, Loxwood, RH14 0SU

Wed 20th Oct – 10.30am – West Marden

Leader: Alison & Peter

Duration: 3 hrs **Distance:** 6.5 miles. A walk to Walderton via West Marden, including lanes and pleasant walking through woods and fields. It is a moderately strenuous longer walk with some gentle hills. Could be very muddy if there has been a lot of rain and there are five stiles.

Meet: Stansted House Car Park, P09 6DX (use first car park on right).

By Car: Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

Wed 20th Oct – 10.30am – *New Walk* Chichester Marina and Salterns Copse

Leader: Rob

Duration: Approx 1.5 hour. **Distance:** 3.5 miles. A circular, flat walk from Marina Public Car Park through Salterns Copse towards Dell Quay. Return alongside harbour. Can be very muddy in places with narrow paths and tree roots through woods. There is a restaurant at the Marina for drinks, teas, coffee and food etc.

Dogs welcome but will need to be on leads at times.

Meet: Chichester Marina Public Car Park.

By Car: Take A286 from Chichester A27 Stockbridge Roundabout. Follow signs for Witterings. After about 1 mile look out for very large signs for Chichester Marina on the right hand side just before the road crosses the Chichester Canal.

By Bus: 52 bus stops just before the turning to the Marina. There is then about a 500 yard walk to the car park where we will meet. Buses every 30 mins from Chichester.

Fri 22nd October – 10.30am – Stoughton Down

Leader: Andrew

Duration: 2 hours **Distance** 3 miles

A gradual ascent through beech woods; no stiles.

Meet: Stoughton Down FC car park (Grid Reference: SU815126), one mile east of Stoughton

By Car: Via Funtington and B2146, or B2141 Chilgrove and East Marden

Sat 23rd October – 10.15am – Graylingwell

**CHICHESTER COMMUNITY
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Leader: Sarah

Duration: Approx. 40 mins **Distance** 1.25 miles

A flat walk at a gentle pace, enjoying the history of Graylingwell Park and surrounding areas, the buildings, trees & wildlife.

Meet : Outside the Pavillion glass building looking onto Havenstoke Park, formerly the Linden Homes site marketing suite. Parking is very limited around the park, please walk, use public transport or car share.

Mon 25th October – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Time: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5 minute walk from Chichester Bus Station.

Wed 27th Oct – 10.30am – Lodsworth

Leader: Bruce

Duration: 2 hrs 10 mins **Distance:** 4.5 miles Ascent: 170m. A moderately hilly walk through lovely woods reaching the summit of Bexleyhill. No stiles!.

Meet: Lodsworth. Grid Reference: SU927230 (Nearby postcode GU28 9BZ)

By car: A286 to Midhurst. A272 to Easebourne/Petworth. Turn left after 2.8 miles. Park in village considerably (not in the shop).

Wed 27th Oct – 10.30am – Compton – Up Marden

Leader: Alison & Peter

Duration: 2.5 hours **Distance:** 6 miles A good walk along lanes and through woodland and fields. Two uphill and one stile.

Meet: Compton Recreation Ground Car Park

By car: Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again on-to the B2146. Continue on the B2146 through West Marden and the recreation ground is on your right as you enter Compton.

Wed 27th Oct – 10.30am – Petworth Park – Deer & 'The Rut'

Leader: Gerald

Duration: 1.5 hours **Distance:** 3 miles. Hopefully we'll see the famous 'Rut' (mating period) in Petworth Park. See the older & stronger bucks defend their harem of does. Certainly we will see some deer. Binoculars can be useful. **Dogs sadly not welcome this time.**

Meet: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220.

By car: 1 mile west from Petworth on A272, then, in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road. What 3 Words reference:///lifted.using.earlobes

By bus: No.1 Midhurst or Worthing to Tillington.

Contact Gerald if uncertain on 07748 597 568.

Thurs 28th Oct – 10.30am – Salvington Hill

Leader: Peter Brook

Time: 2 hrs **Distance:** 3.5 miles Circular walk towards Findon with superb views and excellent Autumn foraging (berries).

Meet: Car park on the left at the end of Honeysuckle Lane.

By Car: A27 through Arundel until the end of the dual carriageway at the edge of Worthing (speed camera). Turn left after Swandean Hospital signed High Salvington and continue straight on Honeysuckle Lane

Fri 29th Oct – 10.30am – Chantry Hill and Tolmare Farm

Leader: Jane

Duration: 3 hrs **Distance:** 6.5 miles. An open hilly downland walk with wonderful views, please note it can be muddy and slippery. No dogs on this walk

Meet: at Chantry Post.

By Car: Follow the A283 to Storrington. As you leave Storrington heading east, take the second turning on the right - Chantry Lane. Follow this narrow lane all the way up to the top of the Downs where there is a car park.