



LOXWOOD MEDICAL PRACTICE

Friends of Loxwood Medical Practice Newsletter September 2014

WELCOME TO OUR NEWSLETTER FOR 2014 DESIGNED TO KEEP YOU INFORMED OF UPDATES OR CHANGES TO PRACTICE WORKING

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DIARY DATES

Periodically the Practice will close to enable us to meet with other NHS clinicians and administration staff to update any skills.

Forthcoming closures are 14th October, and 19th November from about 1.00pm until 5.00pm. During this time you will need to call the 'Out of Hours' team which is NHS 111.

FEEDBACK

Your comments are important to us and help determine areas of improvement. Please visit www.iwantgreatcare.org where there is a simple way to give a review on the surgery team as a whole, or a particular doctor. We also have a new patient survey available at reception or on our website on the 'Noticeboard'. It is very helpful if as many of you as possible, can complete these and have your opinions heard.

NEW AND FAMILIAR FACES

We would like to welcome Cheryl Summers who has recently joined us as Medical Secretary, but will also work in Reception. We are delighted that Cheryl has become part of the team so quickly, she has over 12 years of medical experience.

We are also lucky to have a new Registrar, Dr Victoria Wojciechowska with us for 1 year as she undergoes her final year in GP training. Victoria is a fully qualified doctor and will be under the supervision of all of the doctors here at the Practice.

Emma Ward has returned from maternity leave after having a baby boy.

As a 'Training Practice', we are also investing in the expertise and experience of some of our staff. Nurse, Sarah Sprinks, is currently undergoing her second year of education to become a Nurse Practitioner. This will allow her to prescribe medication independently, triage and treat minor ailments as well as any routine nurse matters.

This September, Debbie Peacock will start her first year of a Foundation Degree in Nursing, enabling her to run more varied clinics. Therefore, many of you who may see Jackie Mardle for blood tests on a Wednesday at the moment, will now see her 3 days a week in the phlebotomy clinics. We are sure you will agree as the advances in medicines continually improve, it is important that we continue to ensure our staff are as qualified as they can be, to bring any improvements directly to you.



VACCINATIONS



It's that time of year again when we need to think about the coming winter and in particular **flu vaccinations**. If you are aged 65 and over or have a chronic disease such as Diabetes, Asthma, COPD, Stroke or Heart Disease you are entitled to a free flu vaccination. Please call reception after 10.00 am to book an appointment. We will

be holding a Saturday flu clinic on 4th October 2014.

Shingles vaccines are now available by invitation only. If you are aged 70 born between 2/9/1943 to 1/9/1944, aged 78 born between 2/9/1935 to 1/9/1936 or 79 born between 2/9/1934 to 1/9/1935 you will receive a letter soon asking you to book an appointment.



YOUR FUNDRAISING HELP PLEASE

During the month of September our staff are supporting 2 charities. On Friday the 19th you may notice everyone dressed a little more casually than normal as we raise awareness on 'Jean for Genes' day. We all inherit a range of talents, skills and personality traits through our genes—they're part of what makes us who we are. But 1 in 25 children also inherit a genetic disorder that makes their life very difficult. By pulling on a pair of jeans or wearing denim we hope to contribute to some of the extra care and support that transforms their lives.



We are also having a 'coffee morning' on Friday 26th September in aid of the amazing work that Macmillan continues to provide for anyone affected by cancer.

Therefore we ask, if you are able to provide some home baked goodies for us to sell on the day it would be most appreciated.

If you are not a baker, no need to worry you can still support us by coming down to the waiting room with some friends for a chat and a tea or coffee and sample some of the delicious cakes, biscuit and jams we hope to sell. If you are able to help serve the beverages please let reception know.

